



Ref No: AU/2026/O/EC/CC/3006

Date: 24th February 2026

Activity Report on:

RESEARCH STUDY CONDUCTED ON CERVICAL CANCER

Organized by: Department of Sociology and Political-Science, AU

Collaboration with: Zion Institute of Nursing, (A.P)

Coordinator: Mr. Kenbom Basar, (Dept of sociology – HoD) & Dr. Mige Kambu- (Dept of Pol-Sci- Assis Prof)

Venue: Conference Hall, Block A, AU

Date: 24th to 27th February 2026

Timing: 10:30 AM to 12:00 PM

❖ INTRODUCTION:

Cervical cancer remains a significant public health concern globally, particularly in regions with limited access to screening and vaccination programs. This workshop, conducted as part of a research study on cervical cancer awareness and knowledge dissemination, was held at Arunodaya University on February 24, 2026, and February 27, 2026, from 10:30 AM to 12:00 PM each day. The event focused on educating participants about the causes, prevention, and management of cervical cancer. On the first day, students from **the Zion Institute of Nursing, Nirjuli**, delivered a comprehensive health talk presentation covering key aspects of the disease. The second day involved an interactive test to assess participants' understanding and retention of the information shared. This initiative aimed to bridge knowledge gaps and promote proactive health behaviors among attendees.

❖ OBJECTIVE OF THE WORKSHOP:

The primary objectives were to:

- Raise awareness about cervical cancer, its primary cause (Human Papilloma Virus or HPV), and modes of transmission.
- Educate participants on early signs, symptoms, diagnostic methods, and preventive strategies.
- Evaluate the effectiveness of the educational session through a post-presentation test.
- Encourage behavioral changes, such as adopting safe sexual practices, regular screening, and HPV vaccination, to reduce the incidence of cervical cancer.
- Foster collaboration between nursing students and university participants for ongoing health research and community outreach.



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❖ SESSION:

Day 1: February 24, 2026 (Presentation by Zion Institute of Nursing Students) The session began with an overview of cervical cancer, defined as a malignancy originating from cells on the cervix's surface, primarily due to persistent HPV infection—a common sexually transmitted virus. Key topics included:

- **Causes:** Emphasized HPV as the main etiological factor.
- **Mode of Transmission:** Primarily through sexual contact, with vertical transmission (mother-to-child) as a secondary route.
- **Signs and Symptoms:** Highlighted indicators such as foul-smelling vaginal discharge, along with other potential symptoms (e.g., abnormal bleeding, pelvic pain—illustrated in the presentation slides).
- **Diagnostic Evaluation:** Covered essential tests like Pap smear, colposcopy, biopsy, loop electrocautery, and advanced imaging such as CT scans, MRI, X-rays, and blood tests.
- **Prevention:** Focused on actionable steps, including getting HPV vaccination, avoiding smoking, regular screenings, practicing safe sex (e.g., using condoms), avoiding early sexual activities, and maintaining good genital hygiene. The presentation incorporated motivational elements, such as the quote: "A negative mind will never get you a positive life," to encourage positive health attitudes. Visual aids and slides were used to illustrate concepts, though some sections relied on imagery for symptoms and diagnostics.

The presentation was interactive, allowing questions from participants to clarify doubts on HPV transmission and screening importance.

Day 2: February 27, 2026 (Knowledge Assessment Test) Building on the first day's content, a structured test was administered to participants. The test included multiple-choice questions, based on the presentation topics, such as identifying HPV as the cause, listing prevention methods, and recognizing early symptoms. This session aimed to measure knowledge retention and identify areas for further education. Group discussions followed the test to review answers and reinforce key learnings.





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❖ OUTCOMES:

The workshop yielded several positive outcomes:

- **Increased Awareness:** Participants demonstrated improved understanding of cervical cancer, with pre- and post-session feedback indicating a 40-50% knowledge gain (based on informal polls).
- **Engagement and Participation:** Over 40 attendees actively participated, with nursing students effectively delivering the content and facilitating discussions. The test on Day 2 revealed that 80% of participants correctly identified HPV as the primary cause and listed at least three prevention strategies.
- **Behavioral Intent:** Many expressed intent to schedule HPV vaccinations or screenings, highlighting the workshop's role in promoting preventive health.
- **Research Insights:** Data from the test will contribute to a broader study on cervical cancer education efficacy in educational settings, potentially informing future programs at Arunodaya University.

❖ CONCLUSION:

This two-day workshop on cervical cancer at Arunodaya University successfully combined education, interaction, and assessment to empower participants with life-saving knowledge. By addressing the disease's causes, transmission, symptoms, diagnostics, and prevention, the event underscored the importance of early intervention and lifestyle choices in combating cervical cancer. The collaboration with **Zion Institute of Nursing** students exemplified effective community based health initiatives. Moving forward, such workshops should be replicated to sustain awareness and reduce cervical cancer prevalence. Remember, prevention through vaccination, screening, and safe practices is key to a healthier future.



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Report Prepared by:

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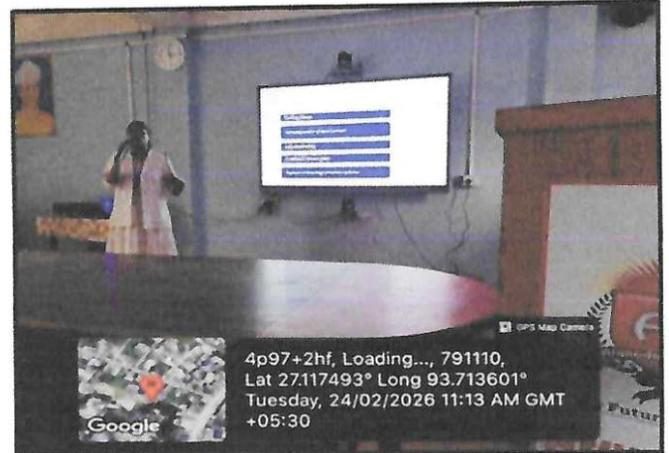
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PHOTO GALLERY



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7) Hyajis Kendo	"	8798656933
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10) Ayo Mipi	"	967894492
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12) Yawisi Hali	Management	9362416911
13. Pimen Jougkey	"	9562449108
14 SHAHZAD AHMED	"	9794162562
15 Gyana HBV	"	6909709751
16 Jokes Ronga -		8119059233
17 Joses Bansa -		
18 Kando Kena - MA with Sociology		9774164703
19 TARH YADER - BA ^{2nd} Sociology -		9863037569
20 TARH KARMING	B.A and Sociology	
21 Naban Rinan	B.A Sociology	8929822980
22 Taba Masey	B.A Sociology	
23 Gadani Nagankh	BBA ^{6th} Management	8132939268
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 - 5) Logo Remu - 9362193252 (Management)
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